

Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
	<p>1 CARDIO SCULPT KIM @ 9:00AM **INSTRUCTORS CHOICE** KELLY @ 6:00PM 30 min ZUMBA & 30 min SCULPT CHRISTY @ 7:15PM</p>	<p>2 SILVER SNEAKERS CLASSIC DAWN @ 10:00AM PEDAL & PUMP JACQUE @ 6:30PM</p>	<p>3 PEDAL & PUMP KIM @ 9:00AM ZUMBA CHRISTY @ 6:30PM</p>	<p>4 SILVER SNEAKERS SS CARDIO 10:00AM SS YOGA 11:15AM CYCLE & INSTRUCTORS CHOICE JACQUE @ 6:30PM</p>	<p>5 DRUMS ALIVE DAWN @ 11:15AM</p>	<p>6 SPIN KELLY @ 7:30AM</p>
7	<p>8 CARDIO SCULPT KIM @ 9:00AM ** INSTRUCTORS CHOICE** KELLY @ 6:00PM 30 min ZUMBA & 30 min SCULPT CHRISTY @ 7:15PM</p>	<p>9 SILVER SNEAKERS CLASSIC DAWN @ 10:00AM PEDAL & PUMP JACQUE @ 6:30PM</p>	<p>10 PEDAL & PUMP KIM @ 9:00AM ZUMBA CHRISTY @ 6:30PM</p>	<p>11 SILVER SNEAKERS SS CARDIO 10:00AM SS YOGA 11:15AM CYCLE & INSTRUCTORS CHOICE JACQUE @ 6:30PM</p>	<p>12 DRUMS ALIVE DAWN @ 11:15AM</p>	<p>13 SPIN KELLY @ 7:30AM</p>
<p>14 HOURS MON – THURS: 5:30AM - 9PM FRI: 5:30AM- 7PM SAT: 7AM – 4 PM SUN: 8AM - 12PM</p>	<p>15 CARDIO SCULPT KIM @ 9:00AM ** INSTRUCTORS CHOICE** KELLY @ 6:00PM 30 min ZUMBA & 30 min SCULPT CHRISTY @ 7:15PM</p>	<p>16 SILVER SNEAKERS CLASSIC DAWN @ 10:00AM PEDAL & PUMP JACQUE @ 6:30PM</p>	<p>17 PEDAL & PUMP KIM @ 9:00AM ZUMBA CHRISTY @ 6:30PM</p>	<p>18 SILVER SNEAKERS SS CARDIO 10:00AM SS YOGA 11:15AM CYCLE & INSTRUCTORS CHOICE JACQUE @ 6:30PM</p>	<p>19 DRUMS ALIVE DAWN @ 11:15AM</p>	<p>20 SPIN KELLY @ 7:30AM</p>
21	<p>22 CARDIO SCULPT KIM @ 9:00AM **INSTRUCTORS CHOICE** KELLY @ 6:00PM 30 min ZUMBA & 30 min SCULPT CHRISTY @ 7:15PM</p>	<p>23 SILVER SNEAKERS CLASSIC DAWN @ 10:00AM PEDAL & PUMP KELLY @ 6:30PM</p>	<p>24 PEDAL & PUMP KIM @ 9:00AM ZUMBA CHRISTY @ 6:30PM</p>	<p>25 Happy Thanksgiving Open 8am-12pm</p>	<p>26 Open 7am-4pm DRUMS ALIVE DAWN @ 11:15AM</p>	<p>27 SPIN KELLY @ 7:30AM</p>
28	<p>29 CARDIO SCULPT KIM @ 9:00AM **INSTRUCTORS CHOICE** KELLY @ 6:00PM</p>	<p>30 SILVER SNEAKERS CLASSIC DAWN @ 10:00AM PEDAL & PUMP JACQUE @ 6:30PM</p>	<p>1 PEDAL & PUMP KIM @ 9:00AM ZUMBA CHRISTY @ 6:30PM</p>	<p>2 SILVER SNEAKERS SS CARDIO 10:00AM SS YOGA 11:15AM CYCLE & INSTRUCTORS CHOICE JACQUE @ 6:30PM</p>	<p>3 DRUMS ALIVE DAWN @ 11:15AM</p>	<p>4 SPIN KELLY @ 7:30AM</p>